

Clubrecords Bonheiden Atletiekclub

Cat.	D/H	In/Out		Discipline	Datum	Plaats	Atleet	Tijd	Afst./Punten
Ben.	D	Outdoor		1000 m	17/09/2006	Machelen	Dockx Hellen	00:03:50.11	
Ben.	D	Outdoor		60 m	28/06/1992	Aartselaar	Vankerckhoven Eefje	00:00:09.30	
Ben.	D	Outdoor		600 m	24/06/2017	Brasschaat	Dewil Mirte	02:03,2	
Ben.	D	Outdoor		Driekamp	5/09/1992	Bonheiden	Vankerckhoven Eefje		903 ptn
Ben.	D	Outdoor		Hockeybal	5/07/2009	Machelen	Kerkaert Ruth		24.29 m
Ben.	D	Outdoor		Hoogspringen	27/06/1993	Duffel	Kempeneers Dorien		1,05 m
Ben.	D	Outdoor		Kogel	21/09/2007	Mechelen	Krekaert Trui		8.26 m
Ben.	D	Outdoor		Verspringen	1/07/2006	Booischoot	Dockx Hellen		3.55 m
Ben.	D	Outdoor		4 x 60m	27/08/2017	Duffel	Ines, Emma, Mirte, Ella	00:00:40.40	
Ben.	D	Outdoor		3 x 600 m	27/08/2017	Duffel	Ines, Emma, Mirte	00:06:25.39	
Ben.	D	Outdoor		Vierkamp	23/09/2006	Mechelen	Peeters Hanneleen		1238 pnt
Ben.	H	Outdoor		1000 m	23/09/2006	Mechelen	Muyldermans Jens	00:03:39.13	
Ben.	H	Outdoor		60 m	11/05/2019	Duffel	Dewil Joren	00:00:09.47	
Ben.	H	Outdoor		600 m	22/09/2019	Lier	Vanderborcht Wout	0:01:56.21	
Ben.	H	Outdoor		Driekamp	31/07/1993	Willebroek	De Meyer Jonas		1015 pnt
Ben.	H	Outdoor		Hockeybal	12/08/2012	Bornem	Pauwels Quinten		32.22 m
Ben.	H	Outdoor		Hoogspringen	6/09/2008	Beveren	Muyldermans Yoren		1.08 m
Ben.	H	Outdoor		Kogel	9/08/2008	Machelen	Van Genechten Axel		8.86 m
Ben.	H	Outdoor		Verspringen	3/09/2000	Lier	Rutten Jan		3,87 m
Ben.	H	Outdoor		3 x 600 m	25/08/2019	Herentals	Korneel / Stef / Tibe	00:05:58.69	
Ben.	H	Outdoor		Vierkamp	2/09/2006	Tessenderlo	Muyldermans Jens		1279 ptn
Ben.	H	Outdoor		4 x 60m	25/08/2019	Herentals	Storm, Joren, Milan, Wout	00:00:41.77	
Pup.	D	Outdoor		1000 m	29/06/2019	Turnhout	Dewil Mirte	03:17,54	
Pup.	D	Outdoor		60 m	6/05/1990	Edegem	Geysemans Kim	00:00:08.50	
Pup.	D	Outdoor		800 m	21/09/1990	Wespelaar	Geysemans Kim	00:02:39.80	
Pup.	D	Outdoor		Discus	28/06/2008	Bornem	Lambrechts Christel		16.86 m
Pup.	D	Outdoor		Driekamp	24/08/1990	Bonheiden	Geysemans Kim		1258 pnt
Pup.	D	Outdoor		H 60 m	28/06/1991	Aartselaar	Van der Aa Karen	00:00:12.10	
Pup.	D	Outdoor		Hockeybal	5/07/2009	Machelen	Kerkaert Trui		39.86 m
Pup.	D	Outdoor		Hoogspringen	15/06:2019	Edegem	Jacobs Ines		1,34 m
Pup.	D	Outdoor		Kogel	27/06/2009	Brasschaat	Kerkaert Trui		8.06 m
Pup.	D	Outdoor		Verspringen	14/09/1990	Wespelaar	Geysemans Kim		4,48 m
Pup.	D	Outdoor		Vierkamp	17/05/2008	Booischoot	Peeters Hanneleen		1710 pnt
Pup.	D	Outdoor		4 x 60 m	28/08/2019	Herentals	Ines, Ella, Emma, Noa	00:38,51	
Pup.	D	Outdoor		3 x 600 m	25/08/2019	Herentals	Ines / Ella / Emma	00:06:15.98	
Pup.	H	Outdoor		1000 m	26/06/1994	Turnhout	Janssens Christoph	00:03:11.50	
Pup.	H	Outdoor		60 m	24/06/2017	Brasschaat	Vinken Cederic	00:00:08.55	
Pup.	H	Outdoor		800 m	1/10/1982	Wespelaar	Van Goethem Joeri	00:02:35.60	
Pup.	H	Outdoor		Discus	10/05/2015	Edegem	Pauwels Ruben		17,20 m
Pup.	H	Outdoor		Driekamp	31/07/1993	Willebroek	De Meyer Dieter		1150 ptn
Pup.	H	Outdoor		H 60 m	2/10/1983	Turnhout	Ceulemans Steve	00:00:11.90	
Pup.	H	Outdoor		Hockeybal	8/06/1996	Kessel	Tuteleers Bert		43,60 m
Pup.	H	Outdoor		Hoogspringen	17/06/2017	Booischoot	Vinken Cedric		1,36 m
Pup.	H	Outdoor		Kogel	26/06/1994	Turnhout	Janssens Christoph		8,78 m
Pup.	H	Outdoor		Verspringen	15/08/1983	Sint - Niklaas	Ceulemans Steve		4,16 m
Pup.	H	Outdoor		3 x 600 m	25/08/2019	Herentals	Korneel, Stef, Tibe,	00:06:13.84	

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Cat.	D/H	In/Out		Discipline	Datum	Plaats	Atleet	Tijd	Afst./Punten
Pup.	H	Outdoor		Vierkamp	18/05/2019	Machelen	De Schepper Korneel		1029 ptn
Min.	D	Outdoor		1000 m	26/06/1994	Turnhout	Vanhout An	00:03:10.30	
Min.	D	Outdoor		150 m	16/06/1992	Kessel	Geysemans Kim	00:00:19.90	
Min.	D	Outdoor		200 m	15/08/1985	Mechelen	Crabbé Wendy	00:00:30.20	
Min.	D	Outdoor		300 m	11/06/2010	Edegem	Dockx Lieze	00:00:46.12	
Min.	D	Outdoor		80 m	28/06/1992	Aartselaar	Geysemans Kim	00:00:10.60	
Min.	D	Outdoor		800 m	15/07/1987	Leuven	Van Zand Lucia	00:02:31.70	
Min.	D	Outdoor		3 x 600 m	18/08/2013	Lier	Elien, Annelies, Jo	00:06:01.50	
Min.	D	Outdoor		Discus	20/09/2015	Herentals	Kerkaert Noor		21,52 m
Min.	D	Outdoor		H 60 m	31/08/1991	Halle	Van der Aa Ellen	00:00:10.90	
Min.	D	Outdoor		Hoogspringen	28/06/1991	Aartselaar	Van der Aa Ellen		1,50 m
Min.	D	Outdoor		Kogel	11/09/2011	Lier	Kerkaert Trui		11.10 m
Min.	D	Outdoor		Speer	29/06/2013	Turnhout	Kerkaert Ruth		31.13 m
Min.	D	Outdoor		Verspringen	25/06/1995	Bornem	Geerts Sofie		5,01 m
Min.	D	Outdoor		Vierkamp	5/09/1992	Bonheiden	Geysemans Kim		2031 ptn
Min.	D	Outdoor		Vijfkamp	2/06/2011	Lier	Kerkaert Trui		2407 ptn
Min.	D	Indoor		60 m	17/12/2017	Hoboken	Hellemans Lore	00:00:09.03	
Min.	H	Outdoor		1000 m	20/08/1993	Wespelaar	Janssens Hans	00:02:55.31	
Min.	H	Outdoor		150 m	14/08/1992	Wespelaar	Janssens Hans	00:00:19.80	
Min.	H	Outdoor		200 m	24/06/1984	Merksem	Govaert Koen	00:00:27.06	
Min.	H	Outdoor		300 m	18/09/2012	Mechelen	Vanhaverbeke Maarten	00:00:44.82	
Min.	H	Outdoor		80 m	18/06/1988	Duffel	Opdebeeck Ralph	00:00:10.80	
Min.	H	Outdoor		800 m	12/09/1984	Willebroek	Van Goethem Joeri	00:02:18.70	
Min.	H	Outdoor		Discus	24/08/1985	Vilvoorde	Ceulemans Steve		37,90 m
Min.	H	Outdoor		Driekamp	2/06/1985	Willebroeck	Ceulemans Steve		911 ptn
Min.	H	Outdoor		H 80 m	16/08/1991	Neerpelt	Vervloesem Dirk	00:00:15.70	
Min.	H	Outdoor		H 150 m	26/07/2008	Lier	Michielsens Joran	00:00:25.78	
Min.	H	Outdoor		Hoogspringen	14/09/1997	Gent	De Meyer Jonas		1,40 m
Min.	H	Outdoor		Kogel	2/06/1985	Willebroeck	Ceulemans Steve		11,14 m
Min.	H	Outdoor		Speer	13/09/2015	Lier	Claes Karsten		41,35 m
Min.	H	Outdoor		Verspringen	17/09/1988	Willebroek	Opdebeeck Ralph		4,86 m
Min.	H	Outdoor		3 x 600 m	16/06/2018	Booischoot	Wannes / Mauro / Cedric	00:05:56.90	
Min.	H	Outdoor		Vierkamp	23/09/2006	Mechelen	Everaert Jan		1639 pnt
Min.	H	Outdoor		Vijfkamp	14/09/1997	Gent	De Meyer Jonas		2513 pnt
Kad.	D	Outdoor		100 m	18/07/1993	Kessel	Geysemans Kim	00:00:12.90	
Kad.	D	Outdoor		1000 m	16/05/2007	Mechelen	Verbiese Ines	00:03:10.04	
Kad.	D	Outdoor		1500 m	27/07/2019	Merksem	Van Nuffelen Hannelore	04:56,85	
Kad.	D	Outdoor		200 m	29/06/1996	Willebroek	Geerts Sofie	00:00:26.96	
Kad.	D	Outdoor		300 m	15/08/1996	Duffel	Geerts Sofie	00:00:44.46	
Kad.	D	Outdoor		4 x 100 m	26/04/1997	Bornem	Judith,Karolien,Caroline,Sofie	00:00:55.93	
Kad.	D	Outdoor		400 m	2/06/2012	Oordegem	Dockx Lieze	00:00:58.17	
Kad.	D	Outdoor		60 m	30/07/1982	Wespelaar	Van Goethem Sigrid	00:00:09.30	
Kad.	D	Outdoor		800 m	1/05/2012	Herentals	Dockx Lieze	00:02:13.92	
Kad.	D	Outdoor		Discus	1/08/1993	Duffel	Geysemans Kim		16,74 m
Kad.	D	Outdoor		Driekamp	19/09/1982	Tienen	Van Goethem Sigrid		1581 ptn
Kad.	D	Outdoor		H 300 m	19/05/1997	Brugge	Geerts Sofie	00:00:47.70	

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Cat.	D/H	In/Out		Discipline	Datum	Plaats	Atleet	Tijd	Afst./Punten
Kad.	D	Outdoor		H 80 m	27/08/1994	Duffel	Geysemans Kim	00:00:12.64	
Kad.	D	Outdoor		Hoogspringen	29/08/1992	Beveren	Van der Aa Ellen		1,58 m
Kad.	D	Outdoor		Kogel	10/08/2013		Kerkaert Trui		10,98 m
Kad.	D	Outdoor		Speer	30/06/2013	Lier	Kerkaert Trui		39,69 m
Kad.	D	Outdoor		Verspringen	31/05/1997	Herentals	Geerts Sofie		5,38 m
Kad.	D	Outdoor		Vijfkamp	5/10/1997	Willebroek	Geerts Sofie		2513 pnt
Kad.	H	Outdoor		100 m	30/08/2014	Oordegem	Muyldermans Yoren	00:00:11.55	
Kad.	H	Outdoor		1000 m	12/08/1995	Lommel	Janssens Hans	00:02:44.44	
Kad.	H	Outdoor		1500 m	29/07/1995	Ninove	Janssens Hans	00:04:08.32	
Kad.	H	Outdoor		200 m	31/08/2014	Oordegem	Muyldermans Yoren	00:00:23.71	
Kad.	H	Outdoor		300 m	25/05/2005	Mechelen	Beuds Dieter	00:00:39.28	
Kad.	H	Outdoor		400 m	1/07/1995	Vilvoorde	Janssens Hans	00:00:54.39	
Kad.	H	Outdoor		800 m	27/09/1995	Rijssel (Fr)	Janssens Hans	00:02:00.55	
Kad.	H	Outdoor		Discus	20/04/1987	Kapellen	Ceulemans Steve		37,16 m
Kad.	H	Outdoor		H 100 m	4/10/1997	Sint-Niklaas	De Meyer Dieter	00:00:16.78	
Kad.	H	Outdoor		H 300 m	3/08/1983	Leuven	Vervloesem Dirk	00:00:46.60	
Kad.	H	Outdoor		Hinkstap	8/07/1987	Aartselaar	Symons Tim		10,69 m
Kad.	H	Outdoor		Hoogspringen	31/05/1997	Herentals	De Meyer Dieter		1,75 m
Kad.	H	Outdoor		Kogel	16/08/1987	Sint - Niklaas	Ceulemans Steve		13,96 m
Kad.	H	Outdoor		Mijl	20/05/2005	Edegem	Reijnders Casimir	00:04:56.18	
Kad.	H	Outdoor		Speer	1/10/2017	Lier	Karsten Claes		50,24m
Kad.	H	Outdoor		Verspringen	14/09/1990	Wespelaar	Opdebeeck Ralph		5,48 m
Kad.	H	Outdoor		Vijfkamp	10/05/1987	Willebroek	Ceulemans Steve		2296 ptn
Kad.	D	Indoor		200 m	10/01/2015	Gent	Gillis Lene	00:00:28.42	
Kad.	D	Indoor		300 m	2/01/2016	Gent	Verheyen Sofie	00:00:49.89	
Kad.	D	Indoor		60 m	14/02/2015	Gent	Gillis Lene	00:00:08.47	
Kad.	D	Indoor		800 m	4/03/2012	Gent	Dockx Lieze	00:02:18.55	
Kad.	D	Indoor		Kogel	10/01/2015	Gent	Kerkaert Ruth		8.62 m
Kad.	H	Indoor		200 m	8/01/2005	Gent	Bueds Dieter	00:00:26.50	
Kad.	H	Indoor		200 m	13/01/2007	Gent	Militti Olivier	00:00:26.18	
Kad.	H	Indoor		60 m	8/01/2005	Gent	Bueds Dieter	00:00:07.97	
Kad.	H	Indoor		60 m	13/01/2007	Gent	Milliti Olivier	00:00:08.07	
Kad.	H	Indoor		Kogel	13/01/2007	Gent	Vertommen Toon		8,74 m
Sch.	D	Outdoor		100 m	9/09/1991	Merksem	Vertommen Griet	00:00:12.90	
Sch.	D	Outdoor		1000 m	21/07/1997	Dilbeek	Vanhout An	00:03:03.67	
Sch.	D	Outdoor	New 2020	1500 m	23/08/2020	Lebbeke	Van Nuffelen Hannelore	00:04:43.61	
Sch.	D	Outdoor		200 m	14/08/1992	Wespelaar	Vertommen Griet	00:00:27.40	
Sch.	D	Outdoor		300 m	10/08/2016	Herentals	Gillis Lene	00:00:44.39	
Sch.	D	Outdoor		3000 m	5/09/1982	Brussel	Verhoeven Veronique	00:10:13.02	
Sch.	D	Outdoor		400 m	30/06/2013	Lier	Dockx Lieze	00:00:58.81	
Sch.	D	Outdoor		800 m	1/05/2013	Herentals	Dockx Lieze	00:02:12.74	
Sch.	D	Outdoor		2000 m St.	23/05/2014	Booischoot	Kerkaert Trui	00:09:23.05	
Sch.	D	Outdoor		Discus	24/08/1982	Vilvoorde	Roose Nadine		24,72 m
Sch.	D	Outdoor		H 100 m	6/09/1998	Oordegem	Geerts Sofie	00:00:15.95	
Sch.	D	Outdoor		Hoogspringen	1/10/1994	Duffel	Van der Aa Ellen		1,51 m
Sch.	D	Outdoor		Kogel	15/08/2015	Lier	Kerkaert Trui		13,37 m
Sch.	D	Outdoor		Speer	15/08/2015	Lier	Kerkaert Trui		45,41 m

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Cat.	D/H	In/Out		Discipline	Datum	Plaats	Atleet	Tijd	Afst./Punten
Sch.	D	Outdoor		Verspringen	18/07/1998	Brussel	Geerts Sofie		5,54 m
Sch.	D	Outdoor		Vijfkamp	3/09/1994	Oostende	Van der Aa Ellen		2273 ptn
Sch.	D	Outdoor		Zevenkamp	27/09/2015	Sint Niklaas	Kerkaert Trui		3534 pnt
Sch.	H	Outdoor		100 m	15/08/2015	Lier	Muyldermans Yoren	00:00:11.45	
Sch.	H	Outdoor		1000 m	16/09/2011	Brussel	Baeten Stijn	00:02:35.06	
Sch.	H	Outdoor		1500 m	7/06/1997	Wespelaar	Janssens Hans	00:04:00.44	
Sch.	H	Outdoor		200 m	6/09/2015	Moeskroen	Muyldermans Yoren	00:00:22.99	
Sch.	H	Outdoor		2000 m	6/05/2009	Tessenderlo	Zwaan Pieter-Jan	00:06:23.86	
Sch.	H	Outdoor		2000 steeple	27/07/1996	Aartselaar	Janssens Hans	00:06:38.81	
Sch.	H	Outdoor		300 m	29/09/2007	Tongerlo	Stoks Jeroen	00:00:38.57	
Sch.	H	Outdoor		3000 m	14/08/1997	Edegem	Janssens Hans	00:08:37.76	
Sch.	H	Outdoor		4 x 100 m	24/04/1994	Mol	s,Stijn,Nico,Wim (zie Ex	00:00:51.28	
Sch.	H	Outdoor		4 x 800 m	19/09/2010	Eigenbrakel	Stein, Matthias, Bram, Tom	00:08:23.25	
Sch.	H	Outdoor		400 m	17/05/2015	Leuven	Muyldermans Yoren	,00:00:52.09	
Sch.	H	Outdoor		800 m	26/06/2011	Lier	Baeten Stijn	00:01:55.08	
Sch.	H	Outdoor		Discus	29/07/2009	Beveren	Vertommen Toon		34.81 m
Sch.	H	Outdoor		H 300 m	2/08/1992	Kessel - Lo	Opdebeeck Ralph	00:00:40.96	
Sch.	H	Outdoor		Hoogspringen	3/07/1998	Wespelaar	De Meyer Dieter		1,76 m
Sch.	H	Outdoor		Kogel	20/05/2009	Mechelen	Vertommen Toon		12.04 m
Sch.	H	Outdoor		Mijl	7/09/2007	Tessenderlo	Reijnders Casimir	00:04:40.55	
Sch.	H	Outdoor		Speer	6/09/2009	BK Nijvel	Vertommen Toon		50,32 m
Sch.	H	Outdoor		Verspringen	29/08/1992	Mol	Opdebeeck Ralph		6,02 m
Sch.	H	Outdoor		Vijfkamp	3/05/2009	Ninove	Vertommen Toon		2344 pnt
Sch.	D	Indoor		200 m	24/01/2016	Gent	Verbist Flore	00:00:26.94	
Sch.	D	Indoor		300 m	2/01/2016	Gent	Verbist Flore	00:00:43.82	
Sch.	D	Indoor		60 m	24/01/2016	Gent	Verbist Flore	00:00:08.25	
Sch.	D	Indoor		800 m	10/02/2013	Gent	Dockx Lieze	,00:02:17.02	
Sch.	D	Indoor		Kogel	18/01/2015	Gent	Kerkaert Trui		12.42 m
Sch.	H	Indoor		200 m	10/01/2016	Gent	Muyldermans Yoren	00:00:23.24	
Sch.	H	Indoor		300 m	2/01/2016	Gent	Muyldermans Yoren	00:00:38.60	
Sch.	H	Indoor		400 m	3/01/2010	Gent	Everaert Jan	00:00:57.74	
Sch.	H	Indoor		60 m	10/01/2016	Gent	Muyldermans Yoren	00:00:07.32	
Sch.	H	Indoor		Verspringen	28/11/2015	Hoboken	Muyldermans Yoren		5,43 m
Sch.	H	Indoor		Kogel	3/01/2009	Gent	Vertommen Toon		10.95 m
Jun.	D	Outdoor		100 m	17/06/1994	Wespelaar	Vertommen Griet	00:00:12.80	
Jun.	D	Outdoor		1000 m	10/06/1983	Heist op den Berg	Verhoeven Veronique	00:03:05.00	
Jun.	D	Outdoor		1500 m	5/07/1983	Willebroek	Verhoeven Veronique	00:04:41.90	
Jun.	D	Outdoor		200 m	25/06/2017	Lier	Verbist Flore	00:00:26.57	
Jun.	D	Outdoor		300 m	1/05/2017	Herentals	Verbist Flore	00:00:42.37	
Jun.	D	Outdoor		3000 m	24/06/1983	Kessel - Lo	Verhoeven Veronique	00:10:00.04	
Jun.	D	Outdoor		400 m	21/05/2017	Duffel	Verbist Flore	00:01:00.72	
Jun.	D	Outdoor		800 m	8/08/2015	Kessel-Lo	Lieze Dockx	00:02:18.46	
Jun.	D	Outdoor		Discus	8/09/1983	Merksem	Roose Nadine		28,78 m
Jun.	D	Outdoor		H 100 m	31/05/1997	Herentals	Geysemans Kim	00:00:16.16	
Jun.	D	Outdoor		Hoogspringen	18/05/1996 02/09/2015	Zwijndrecht Heusden	Van der Aa Ellen Lambrechts Christel		1,50 m 1,50 m

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Jun.	D	Outdoor		Kogel	24/04/2016	Kapellen	Kerkaert Trui		11,26 m
Jun.	D	Outdoor		Speer	23/04/2016	Brasschaat	Kerkaert Trui		38,61 m
Jun.	D	Outdoor		Verspringen	31/05/1997	Herentals	Geysemans Kim		5,22 m
Jun.	D	Outdoor		Zevenkamp	8/09/1985	Herentals	Van Goethem Sigrid		3059 ptn
Jun.	H	Outdoor		100 m	7/06/2008	Kessel-Lo	Bueds Dieter	00:00:11.79	
Jun.	H	Outdoor		1000 m	2/09/1998	Vilvoorde	Janssens Hans	00:02:32.12	
Jun.	H	Outdoor		10000 m	6/08/1999	EK Jun. Riga	Janssens Hans	00:29:49.59	
Jun.	H	Outdoor		1500 m	7/09/2013	Beveren	Baeten Stijn	.00:03:50,07	
Jun.	H	Outdoor		200 m	6/08/1993	Willebroek	Opdebeeck Ralph	00:00:23.59	
Jun.	H	Outdoor		2000 m	6/05/2009	Tessenderlo	Reijnders Casimir	00:06:00.76	
Jun.	H	Outdoor		300 m	8/09/1993	Lebbeke	Opdebeeck Ralph	00:00:36.98	
Jun.	H	Outdoor		3000 m	28/08/1999	Tessenderlo	Janssens Hans	00:08:20.87	
Jun.	H	Outdoor		3000 steeple	6/09/1983	Willebroek	Van Goethem John	00:10:22.00	
Jun.	H	Outdoor		4 x 100 m	6/06/1984	Willebroek	,Rudolf,Bart,Chris (zie Ex	00:00:48.20	
Jun.	H	Outdoor		400 m	26/05/2012	Oordegem	Baeten Stijn	.00:00:49.76	
Jun.	H	Outdoor		5000 m	23/06/1999	Tessenderlo	Janssens Hans	00:14:20.98	
Jun.	H	Outdoor		800 m	1/05/2013	Herentals	Baeten Stijn	00:01:49.42	
Jun.	H	Outdoor		Discus	19/09/2004	Mechelen	Van Den Dries Pieter		12,54 m
Jun.	H	Outdoor		H 400 m	24/07/1993	Brussel	Opdebeeck Ralph	00:00:55.24	
Jun.	H	Outdoor		Hoogspringen	11/05/1997	Diest	Soetens Peter		1,55 m
Jun.	H	Outdoor		Kogel	14/05/1995	Bornem	Vanderhulst Kris		7,13 m
Jun.	H	Outdoor		Mijl	18/08/2012	Kessel-Lo	Pittoors Matthias	00:04:26.73	
Jun.	H	Outdoor		Speer	11/05/1997	Diest	Soetens Peter		36,12 m
Jun.	H	Outdoor		Uurloop	6/10/1995	Wespelaar	Troch David		14735 m
Jun.	H	Outdoor		Verspringen	4/08/1993	Aartselaar	Opdebeeck Ralph		5,78 m
Jun.	H	Outdoor		Vijfkamp	19/09/2004	Mechelen	Van Den Dries Pieter		1713 pnt
Jun.	D	Indoor		Kogel	27/02/2016	Gent	Kerkaert Trui		11,66 m
Jun.	D	Indoor		200 m	4/03/2017	Gent	Verbist Flore	00:00:26.95	
Jun.	D	Indoor		60 m	7/01/2017	Gent	Verbist Flore	00:00:08.52	
Jun.	H	Indoor		400 m	3/01/2009	Gent	Vinkx Lukas	00:00:57.52	
Jun.	H	Indoor		800 m	10/02/2013	Gent	Baeten Stijn	,00:01:53.17	
Sen.	D	Outdoor		100 m	29/08/1986	Heist op den Berg	Van der Hoeven Linda	00:00:12.30	
Sen.	D	Outdoor		10000 m	27/06/2001	Duffel	Peeters Karen	00:39:16.55	
Sen.	D	Outdoor		1000 m	17/07/2019	Dilbeek	Billen Charlotte	00:03:12.90	
Sen.	D	Outdoor		1500 m	24/07/1998	Edegem	Van Hemelrijck An	00:04:57.81	
Sen.	D	Outdoor		200 m	1/08/1986	Leuven	Van der Hoeven Linda	00:00:25.40	
Sen.	D	Outdoor		300 m	1/06/2018	Booischoot	Hendrickx Nele	00:00:45.29	
Sen.	D	Outdoor		3000 m	30/08/1997	Dilbeek	Van Hemelrijck An	00:10:25.00	
Sen.	D	Outdoor		4 x 100 m	4/05/1997	Mechelen	Griet, Kim, Karen, Liesbeth	00:00:55.70	
Sen.	D	Outdoor		4 x 400 m	4/05/1997	Mechelen	Erika, An, Magda, Karen	00:04:42.60	
Sen.	D	Outdoor		400 m	4/05/1997	Mechelen	Van Hemelrijck An	00:01:02.80	
Sen.	D	Outdoor		5000 m	26/09/1998	Dilbeek	Van Hemelrijck An	00:17:53.68	
Sen.	D	Outdoor		800 m	5/08/2017	Lier	Billen Charlotte	00:02:25.76	
Sen.	D	Outdoor		Discus	13/04/1997	Turnhout	De Wolf Kathleen		30,80 m
Sen.	D	Outdoor		H 100 m	19/09/2004	Mechelen	Van de Velde Kirsten	00:00:18.35	
Sen.	D	Outdoor		Hamer	14/06/1997	Wijnegem	De Wolf Kathleen		33,36 m
Sen.	D	Outdoor		Hinkstap	4/06/1993	Dilbeek	Meulemans Goele		9,77 m

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Cat.	D/H	In/Out		Discipline	Datum	Plaats	Atleet	Tijd	Afst./Punten
Sen.	D	Outdoor		Hoogspringen	5/05/1996	Bornem	Meulemans Goele		1,55 m
Sen.	D	Outdoor		Kogel	16/09/1997	Wijnegem	De Wolf Kathleen		10,51 m
Sen.	D	Outdoor		Speer	4/05/1997	Mechelen	De Wolf Kathleen		22,76 m
Sen.	D	Outdoor		Uurloop	1/10/1999	Wespelaar	Peeters Karen		14410 m
Sen.	D	Outdoor		Verspringen	2/06/1989	Wespelaar	De Meyer Tanja		5,14 m
Sen.	D	Outdoor		Vijfkamp	19/09/2004	Mechelen	Van de Velde Kirsten		2286 pnt
Sen.	D	Outdoor		Zevenkamp	8/09/1985	Herentals	Meulemans Goele		3201 ptn
Sen.	H	Outdoor		100 m	10/07/1985	Kessel - Lo	Saenen Manu	00:00:11.30	
Sen.	H	Outdoor		1000 m	8/08/1998	Lommel	Wouters Joeri	00:02:27.34	
Sen.	H	Outdoor		10000 m	14/07/1999	Seraing	Van Den Broeck Stefan	00:29:03.98	
Sen.	H	Outdoor		1500 m	8/08/2015	Kessel-Lo	Baeten Stijn	00:03:44.49	
Sen.	H	Outdoor		200 m	10/07/1985	Kessel - Lo	Saenen Manu	00:00:22.19	
Sen.	H	Outdoor		2000 m	30/07/1993	Edegem	Schoeters Luc	00:05:48.06	
Sen.	H	Outdoor		300 m	29/04/2011	Edegem	Stoks Jeroen	00:00:39.29	
Sen.	H	Outdoor		3000 m	30/08/1998	Tessenderlo	Van de Velde Stijn	00:08:07.35	
Sen.	H	Outdoor		3000 steeple	4/06/1993	Dilbeek	Van Goethem John	00:10:03.64	
Sen.	H	Outdoor		4 x 100 m	11/05/1997	Diest	Nico, Hans, Kris, Peter	00:00:48.80	
Sen.	H	Outdoor		4 x 1500 m	26/08/1998	Herentals	s,Stefan,Joeri,Jan (zie Ex	00:16:04.81	
Sen.	H	Outdoor		4 x 200 m	25/08/1999	Brasschaat	Manu,Willy,Rudi,Grieko	00:01:37.32	
Sen.	H	Outdoor		400 m	14/08/1985	Hechtel	Saenen Manu	00:00:48.10	
Sen.	H	Outdoor		5000 m	12/06/1999	Vilvoorde	Van den Broeck Stefan	00:14:01.37	
Sen.	H	Outdoor		800 m	30/05/2015	Oordegem	Baeten Stijn	00:01:47.87	
Sen.	H	Outdoor		Discus	30/04/1982	Heist op den Berg	Blanquaert Ben		29,12 m
Sen.	H	Outdoor		H 400 m	10/07/1983	Merksem	Mertens Erik	00:00:53.80	
Sen.	H	Outdoor		Hoogspringen	11/05/1998	Diest	Verrijdt Nico		1,70 m
Sen.	H	Outdoor		Kogel	1/05/1990	Wespelaar	Costers Jan		9,98 m
Sen.	H	Outdoor		Marathon	3/10/1999	Gent	De Vocht Peter	02:23:05.00	
Sen.	H	Outdoor		Mijl	2/05/1999	Lier	Wouters Joeri	00:04:15.91	
Sen.	H	Outdoor		Speer	27/05/1990	Merksem	Costers Jan		49,24 m
Sen.	H	Outdoor		Uurloop	6/08/1994	Lommel	Joeri Van Goethem		18238 m
Sen.	H	Outdoor		Verspringen	15/05/1994	Bornem	Schoeters Rudi		5,32 m
Sen.	H	Outdoor		Vijfkamp	29/09/1984	Kortrijk - Heerle	Mertens Erik		2550 ptn
Sen.	D	Indoor		60 m	8/01/2005	Gent	Van De Velde Kirsten	00:00:08.71	
Sen.	D	Indoor		Kogel	8/01/2005	Gent	Van De Velde Kirsten		9,95 m
Sen.	H	Indoor		60 m	23/12/2006	Gent	Muyldermans Kenny	00:00:08.23	
Sen.	H	Indoor		800 m	2/03/2013	Gent	Heremans Tom	,00:01:53,74	
V35.	D	Outdoor		100 m	28/08/2004	Kessel - Lo	Stroobants Lieve	00:00:14.95	
V35.	D	Outdoor		1000 m	28/08/2003	Herentals	Stroobants Lieve	00:03:26.47	
V35.	D	Outdoor		1500 m	30/06/1991	Bornem	De Schutter Renilde	00:05:22.90	
V35.	D	Outdoor		200 m	2/10/2004	Vilvoorde	Stroobants Lieve	00:00:30.61	
V35.	D	Outdoor		2000 m	3/08/1990	Wespelaar	De Schutter Renilde	00:07:19.10	
V35.	D	Outdoor		3000 m	1/09/1991	Woluwe	De Schutter Renilde	00:11:20.65	
V35.	D	Outdoor		400 m	12/07/2003	Vilvoorde	Stroobants Lieve	00:01:09.60	
V35.	D	Outdoor		800 m	17/08/2003	Lier	Stroobants Lieve	00:02:39.83	
V35.	D	Outdoor		Discus	17/08/2003	Lier	Stroobants Lieve		14,32 m
V35.	D	Outdoor		Hoogspringen	23/08/2003	Heverlee	Stroobants Lieve		1,20 m
V35.	D	Outdoor		Kogel	4/07/2003	Booischoot	Stroobants Lieve		6,15 m

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V35.	D	Outdoor		Mijl	20/09/1991	Wespelaar	De Schutter Renilde	00:05:51.50	
V35.	D	Outdoor		Speer	28/08/2004	Kessel - Lo	Stroobants Lieve		10,95 m
V35.	D	Outdoor		Uurloop	4/10/1991	Wespelaar	De Schutter Renilde		14137 m
V35.	D	Outdoor		Verspringen	23/08/2003	Heverlee	Stroobants Lieve		3,91 m
V35.	H	Outdoor		Hamer	11/08/2019	Kapelle	Sels Joris		19,43 m
V35.	H	Outdoor		4x200m	15/08/2019	Herentals	Joery, Joris, Geert, Luc	00:01:52.02	
V35.	H	Outdoor		Marathon	14/09/2014	Keulen	Duwein Pepijn	02:44:16.00	
V40.	D	Outdoor		100 m	14/08/2005	Kessel Lo	Stroobants Lieve	00:00:14.71	
V40.	D	Outdoor		1000 m	19/08/2005	Herentals	Stroobants Lieve	00:03:32.53	
V40.	D	Outdoor		10000 m	21/06/2008	Merksem	Peeters Karen	00:40:03.79	
V40.	D	Outdoor		1500 m	19/05/2006	Edegem	Stroobants Lieve	00:05:32.79	
V40.	D	Outdoor		2 Mijl	24/05/2006	Mechelen	Stroobants Lieve	00:12:59.79	
V40.	D	Outdoor		200 m	14/08/2005	Kessel Lo	Stroobants Lieve	00:00:31.10	
V40.	D	Outdoor		300 m	25/05/2005	Mechelen	Stroobants Lieve	00:00:48.01	
V40.	D	Outdoor		3000 m	17/09/2006	Bornem	Stroobants Lieve	00:11:54.29	
V40.	D	Outdoor		400 m	13/08/2005	Lier	Stroobants Lieve	00:01:07.28	
V40.	D	Outdoor		5000 m	1/08/1997	Beveren	Fleerackers Magda	00:21:43.79	
V40.	D	Outdoor		800 m	7/08/2005	Vilvoorde	Stroobants Lieve	00:02:41.15	
V40.	D	Outdoor		Discus	1/08/1998	Wijnegem	Ceuppens Ingrid		16,17 m
V40.	D	Outdoor		Hoogspringen	25/09/1998	Wespelaar	Ceuppens Ingrid		1,10 m
V40.	D	Outdoor		Speer	1/08/1998	Wijnegem	Ceuppens Renilde		12,74 m
V40.	D	Outdoor		Verspringen	14/08/2005	Vilvoorden	Stroobants Lieve		3,88 m
V40.	D	Outdoor		Vierkamp	1/10/2005	Vilvoorde	Stroobants Lieve		1473 pnt
V40.	H	Outdoor		100 m	16/06/2002	Diest	Manu Saenen	00:00:11.90	
V40.	H	Outdoor		1000 m	1/10/1991	Wespelaar	Schelfhout Alfons	00:02:56.00	
V40.	H	Outdoor		10000 m	7/09/2007	Herentals	Moens Luc	00:35:11.18	
V40.	H	Outdoor		1500 m	16/06/2002	Diest	Rob Barbé	00:04:30.28	
V40.	H	Outdoor		200 m	30/06/1996	Willebroek	Bemus Willy	00:00:25.56	
V40.	H	Outdoor		200 m	14/04/2002	Mechelen	Manu Saenen	00:00:25.13	
V40.	H	Outdoor		200 m	18/05/2002	Lier	Manu Saenen	00:00:24.56	
V40.	H	Outdoor		200 m	16/06/2002	Diest	Manu Saenen	00:00:23.81	
V40.	H	Outdoor		2000 m	9/07/1999	Vilvoorde	Schoeters Luc	00:06:22.36	
V40.	H	Outdoor		300 m	7/06/2002	Vilvoorde	Manu Saenen	00:00:37.55	
V40.	H	Outdoor		3000 m	7/09/2000	Tessenderlo	De Vocht Peter	00:08:21.64	Bel. Record
V40.	H	Outdoor		4 x 400 m	28/08/2002	Lier	Willy,Rob, Rudi, Manu	00:03:49.20	
V40.	H	Outdoor		400 m	24/08/2002	Heverlee	Saenen Manu	00:00:53.56	
V40.	H	Outdoor		5000 m	9/09/2000	Beveren	De Vocht Peter	00:14:39.28	
V40.	H	Outdoor		800 m	15/09/2002	Ninove	Barbé Rob	00:02:09.21	
V40.	H	Outdoor		Discus	6/05/1994	Mechelen	Janssens Georges		19,46 m
V40.	H	Outdoor		Hoogspringen	1/09/1996	Hechtel	Vander Aa Walter		1,51 m
V40.	H	Outdoor		Kogel	17/05/1998	Diest	Schoeters Rudi		8,36 m
V40.	H	Outdoor		Marathon	16/09/1990	Berchem	Schelfhout Alfons	02:44:58.00	
V40.	H	Outdoor		Mijl	20/09/2002	Wespelaar	Barbé Rob	00:05:00.49	
V40.	H	Outdoor		Speer	21/09/1994	Heverlee	Vander Aa Walter		34,72 m
V40.	H	Outdoor		Uurloop	6/10/2000	Wespelaar	De Vocht Peter		18910 m
V40.	H	Outdoor		Verspringen	22/09/1995	Wespelaar	Bemus Willy		5,38 m
V40.	H	Outdoor		Vijfkamp	19/09/2004	Mechelen	Barbé Rob		1663 pnt

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Cat.	D/H	In/Out		Discipline	Datum	Plaats	Atleet	Tijd	Afst./Punten
V40.	H	Indoor		60 m	17/12/1995	Hoboken	Bemus Willy	00:00:07.87	
V45.	D	Outdoor		200 m	28/05/2012	Merksem	Stroobants Lieve	.00:0032.55	
V45.	D	Outdoor		400 m	28/09/2013	Antwerpen	Stroobants Lieve	00:01:10.46	
V45.	D	Outdoor		800 m	24/09/2011	Zwevegem	Stroobants Lieve	00:02:37.77	
V45.	D	Outdoor		2000 m	6/08/2013	Vilvoorde	Stroobants Lieve	.00:07:31,88	
V45.	D	Outdoor		2 Mijl	28/05/2012	Mechelen	Stroobants Lieve	.00:12:06.10	
V45.	D	Outdoor		Kogel	27/05/2012	Merksem	Stroobants Lieve		5,62 m
V45.	D	Outdoor		Discus	27/05/2012	Mechelen	Stroobants Lieve		12,40 m
V45.	D	Outdoor		10000m	6/05/2017	Ninove	Peeters Karen	00:41:33.53	
V45.	H	Outdoor		100 m	21/07/1998	Dilbeek	Bemus Willy	00:00:12.41	
V45.	H	Outdoor		200 m	4/09/1999	Jambes	Bemus Willy	00:00:25.05	
V45.	H	Outdoor		300 m	1/05/1999	Duffel	Bemus Willy	00:00:40.41	
V45.	H	Outdoor		400 m	4/06/1999	Duffel	Bemus Willy	00:00:56.69	
V45.	H	Outdoor		800 m	21/09/2019	Deinze	Van de Sande Luc	00:02:30.24	
V45.	H	Outdoor		5000 m	26/07/2000	Flemalle	Jan Torfs	00:16:34.94	
V45.	H	Outdoor		Verspringen	22/09/2018	Merksem	Luc Van de Sande		3,89 m
V45.	H	Outdoor		Discus	16/05/1999	Zwijndrecht	Janssens Georges		17,55 m
V45.	D	Indoor		1500m	11/03/2017	Gent	Peeters Karen	00:05:36.58	
V45.	H	Indoor		200 m	19/02/2000	Gent	Bemus Willy	00:00:25.67	
V45.	H	Indoor		60 m	27/12/1998	Hoboken	Bemus Willy	00:00:07.90	
V50.	D	Outdoor		1000m	6/09/2015	Mechelen	Stroobants Lieve	00:03:40.67	
V50.	D	Outdoor		1500m	17/05/2017	Vilvoorde	Stroobants Lieve	00:05:48.12	
V50.	D	Outdoor		800m	21/09/2019	Deinze	Peeters Karen	00:02:38.32	
V50.	D	Outdoor		400m	26/09/2015	Heusden	Stroobants Lieve	00:01:12.48	
V50.	D	Outdoor		100m	23/09/2017	Kessel lo	Stroobants Lieve	00:00:16.59	
V50.	D	Outdoor		200m	24/09/2016	Wervik	Stroobants Lieve	00:00:32.83	
V50.	D	Outdoor	New 2020	2000 m ST	20/09/2020	Ninove	Peeters Karen	00:08:37.06	
V50.	D	Indoor		800m	10/03/2019	Gent	Karen Peeters	00:02:46.45	
V50.	D	Indoor		60m	10/03/2019	Gent	Karen Peeters	00:00:10.33	
V50.	H	Outdoor		100 m	7/09/2002	Beveren	Bemus Willy	00:00:13.19	
V50.	H	Outdoor		200 m	24/08/2002	Heverlee	Bemus Willy	00:00:26.89	
V50.	H	Outdoor		300 m	2/05/2003	Mechelen	Bemus Willy	00:00:43.02	
V50.	H	Outdoor		400 m	24/08/2002	Heverlee	Bemus Willy	00:01:00.89	
V50.	H	Outdoor		800 m	27/08/2004	Edegem	Govaerts Johan	00:02:24.23	
V50.	H	Outdoor		5000 m	22/09/2018	Merksem	Moens Luc	00:17:59.60	
V50.	H	Outdoor		10000 m	7/05/2016	Duffel	Moens Luc	00:37:12;90	
V50.	H	Outdoor		Kogel	10/08/2016	Herentals	Claes Dirk		6,75 m
V50.	H	Outdoor		Discus	10/08/2016	Herentals	Claes Dirk		17,80 m
V50.	H	Outdoor		Verspringen	31/07/2016	Tielt	Claes Dirk		3,88 m
V55.	O	Outdoor		400 m H	15/06/2019	Sint Niklaas	Storm Alex	00:01:23.38	
V55.	H	Outdoor		3000 m ST	15/06/2019	Sint Niklaas	Storm Alex	00:12:57.21	
V65.	H	Outdoor		10000 m	7/05/2011	Ninove	Versteven René	00:41:02.31	
V65.	H	Indoor	New2020	1500m	8/03/2020	Gent	Silva Januario	00:06:32.02	
V70.	H	Outdoor		10000 m	7/05/2016	Duffel	Versteven René	00:44:32;07	
AC	D	Outdoor		4 x 800 m	18/08/2013	Lier	Louise, Nele, Laurien, Lieze	00:10:37.08	

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AC	H	Outdoor		4 x 800 m	18/08/2013	Lier	Tom, Joeri, Nico, Stijn	00:07:55.61	
AC	H	Outdoor		4 x 1500 m	27/08/2017	Duffel	Maxim, Joeri, Glenn, Julien	00:17:52.44	

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